Analyzing the Scrum Process Model with AVISPA

Julio Ariel Hurtado Alegría  
CS Department, Univ. de Chile  
IDIS Group, Univ. del Cauca, Colombia  
Email: jhurtado@dcc.uchile.cl

María Cecilia Bastarrica  
Computer Science Department  
Universidad de Chile  
Email: cecilia@dcc.uchile.cl

Alexandre Bergel  
Computer Science Department  
Universidad de Chile  
Email: abergel@dcc.uchile.cl

Abstract—Scrum is a widely known agile software process model specifically designed for guiding non-technical activities in software development. This process has been formally defined in EPF and adopted by several software companies around the world. But having a process definition does not necessarily mean that it is well specified. We have developed AVISPA, a tool for localizing error patterns in software process models specified with EPF. In this paper, we analyze the public community specification of Scrum using AVISPA and we report our findings.

I. INTRODUCTION

Software process definitions are relevant because they improve development effectiveness [4]. According to Feiler and Humphrey [3] software process definitions must be both useful for practitioners and reasonably economical to produce. However, misconceptions or misspecifications may be introduced during the process definition and/or specification process with a high impact when it is applied by teams in projects. That is why several organizations have decided to adopt standard process models that have been already defined and are available for use. This is the case of widely known processes such as OpenUP [7], XP [2] or Scrum [12] that are publicly available at the Eclipse web site, and also Tutelkán [16] for the Chilean setting. Whereas we do not pretend to judge the motivation and rational behind these processes, their specification deserves a closer look. As far as we are aware of, the implementation and definition of these processes have not been objectively analyzed so that companies could have an idea about the actual quality of the process they are adopting.

Scrum is an agile software process frequently used to rapidly develop software. It has been defined by Jeff Sutherland and more formally elaborated by Ken Schwaber [13]. Scrum stresses management values and practices, and it does not include practices for technical parts (requirements, design, and implementation); this is why it is usually used in combination with another agile method.

The application of Scrum enforces a few simple rules that have the potential to make a team self-organize into a process that can achieve 5 to 10 times the productivity of a waterfall-based process. However, most Scrum teams never achieve this goal [15]. According to Sutherland, teams face difficulties to organize work in order to deliver working software at the end of each sprint. Moreover, they also experience trouble working with a Product Owner to get the backlog in a ready state before bringing it into a sprint. Also, organizing into a hyper-productive state during a sprint remains a challenging issue.

We believe that one of the reasons for this situation is, at least in part, an improper definition and implementation of Scrum. We have developed AVISPA²—a software visualization tool that helps the process engineer to localize a series of error patterns within software process models formalized using EPF. It automatically highlights potential errors and improvement opportunities in different process blueprints so that it is not only easier to localize the errors, but also less knowledge and experience is required. This paper uses AVISPA for analyzing the specification of the Scrum process model³ published in the Eclipse Process Framework community where it has been defined as a SPEM2.0 model [9] using Eclipse Process Composer⁴.

The rest of the paper is structured as follows. In Sect. II we provide some background concepts about software process modeling in SPEM 2.0 in general, and specifically about Scrum and its specification using SPEM 2.0. The AVISPA tool is introduced in Sect. III. Its application for analyzing Scrum is described in Sect. IV and a discussion of the obtained results is presented in Sect. V. Finally, Sect. VI discusses some related work and Sect. VII includes a series of conclusions and some further work.

II. BACKGROUND

AVISPA is a tool that analyzes software process models specified in SPEM 2.0, and in this paper we apply it to the specification of Scrum. In this section we describe what SPEM 2.0 is, what Scrum is, and how Scrum is formalized using SPEM 2.0.

A. Software Process Modeling with SPEM 2.0

The modeling of a software process refers to its definition as a model [1]. Different model representations may describe, at different levels of abstraction, the organization of the elements of a current or planned process. They provide definitions of the process to be used, instantiated, enacted or executed. So, a process model can be analyzed, validated, simulated or executed if it is defined with any of these goals.

Software and Systems Process Engineering Metamodel–SPEM 2.0 [9]—is the OMG standard for process modeling.

²AVISPA: http://squeaksource.com/ProcessModel.html
⁴EPF: http://www.eclipse.org/epf/
SPEM provides a standardized and managed representation of method libraries in order to allow reuse of method content. It aims to support development practitioners in defining a knowledge base for software development.

The SPEM 2.0 metamodel separates reusable method contents and their application in specific processes to promote reusability. Method content provides step-by-step explanations, describing how specific development goals are achieved independently of the placement of these steps within a development lifecycle. Processes take these method content elements and relate them into partially-ordered sequences that are customized to specific types of projects.

SPEM 2.0 is structured in seven packages:

- **Core Package** contains classes and abstractions that build the basis for all other packages.
- **Process Structure Package** defines the basis for defining process models as a breakdown of nested Activities with the related performing Roles, as well as input/output Work Products.
- **Process Behavior Package** extends the static structures of the process models with externally defined behavioral models, e.g. UML state and activity diagrams.
- **Managed Content Package** introduces concepts for managing content of development processes documented and managed as natural language descriptions. These concepts can either be used as standalone or in combination with process structure concepts.
- **Method Content Package** adds concepts for defining life cycles and process independent reusable method content elements that provide a basis of documented knowledge of software development methods, techniques, and concrete realizations of best practices. Method content describes how to achieve fine-grain development goals, by which roles, with which resources and results, independently of the placement of these elements within a specific development lifecycle. The basic concepts are Rol, Task, WorkProduct and Guidance.
- **Process with Methods Package** facilitates integrating processes defined with Process Structure with instances of Method Content. Whereas Method Content defines fundamental methods and techniques for software development, processes place these methods and techniques into the context of a lifecycle model. Method Plug-in Package introduces concepts for designing and managing maintainable, reusable, and configurable libraries of method content and processes. The concepts introduced in this package allow arranging different parts of such a library based on different layers of concern.

### B. The Scrum Development Process

Scrum is an agile software development method that is based on the idea that software processes are incompletely defined. So, Scrum assumes that the analysis, design, and development processes are inherently unpredictable. A control mechanism is used to manage this unpredictability and control the corresponding risk improving the process flexibility, responsiveness, and reliability [13]. Scrum is not a process or a technique for building products; it is rather a rule based framework where various processes and techniques may be applied. The goal of Scrum is to achieve the major efficacy in applying development practices while providing a framework where complex products can be developed [14].

The Scrum framework is formed by a set Scrum teams, time-boxes, artifacts and rules, as shown in Fig. 1.

**Scrum teams** are designed to maximize flexibility and productivity; Scrum teams are self-organizing and cross-functional, and they work in iterations. Each Scrum team...
has three roles: the Scrum Master, who is responsible for ensuring that the process is understood and followed; the Product Owner, who is responsible for maximizing the value of the work that the Scrum Team does; and the Team, which does the work. The Team is formed by developers with all the skills required to transform the Product Owner’s requirements into a potentially releasable piece of the product by the end of the Sprint.

The time-boxed elements are the release of the Planning Meeting, the Sprint Planning meeting, the Sprint, the Daily Scrum, the Sprint Review, and the Sprint Retrospective. Scrum employs time boxes to create regularity. The focus of Scrum is a Sprint, which is an iteration of one month or less that is of consistent length throughout a development effort. All Sprints use the same Scrum framework, and all Sprints deliver an increment of the final product that is potentially releasable.

Scrum artifacts The Product Backlog is a prioritized list of features required in the product. The Sprint Backlog is a list of tasks to perform in a Sprint, producing an increment of a potentially shippable product from the Product Backlog. A burn down is the measure of remaining Backlog over time. A release burn down measures remaining Product Backlog in the context of a release plan. A Sprint burn down measures remaining Sprint Backlog in the context of a Sprint.

Scrum lifecycle is defined by the Sprint and by three groups of phases: pregame, game and postgame. In the pregame, the planning and architecture phases are performed. In the planning phase a new release is defined according to the current Product Backlog, including an estimative of its schedule and cost. In the architecture phase an architectural and high level design is generated to determine how the backlog items will be implemented. In the game phase, the Sprints are performed. There are multiple, iterative development Sprints that are used to develop the system. In the postgame the Closure phase is performed. The release is prepared including final documentation, pre-release staged testing, and the release itself.

C. Scrum Process Model in SPEM 2.0

The Scrum process model presented by the Eclipse Process Framework Community has been defined as a SPEM 2.0 method plug-in using Eclipse Process Framework. This definition includes roles, work products and tasks, and a set of guidance, and is organized only in method packages and categories as shown in Fig. 2. The process structure has not been defined because, Scrum is inherently incomplete as a process itself. As a consequence, the EPF community has defined Scrum lifecycle as a Supporting Material element (a specific Guidance) where it is graphically and textually described. Although, this definition does not include all the phases defined in [13], the Scrum lifecycle could be defined and customized in a Delivery Process by each organization reusing the Scrum plug-in. The method package elements have been defined and linked according to a Scrum description as was presented above. However, the question that still remains is if the method elements will match this or other adapted life cycle. For example, are the tasks outputs and inputs consistent among the tasks within a value flow? These are relevant questions mainly when the model is used for first time, or for comparing or combining with other process models.

Fig. 2. Scrum specified as a SPEM 2.0 model

III. THE AVISPA TOOL

Process model blueprints are graphical representations meant to help process designers to assess the quality of software process models and identify potential anomalies [6]. The essence of these blueprints is to facilitate the comparison between elements using a graph metaphor, composed of nodes and edges. The size of a node or an edge tells us about their relative importance. We have defined three blueprints that help identifying opportunities for improving software process models, each one focusing on a particular process element: roles, tasks and work products, namely ROLE BLUEPRINT, TASK BLUEPRINT, and WORK PRODUCT BLUEPRINT. The approach has been complemented with the AVISPA tool (Analysis and VIualization for Software Process Assessment) [5], a visualization tool built on Mondrian, Moose and Glamour.

This tool imports process models defined in SPEM 2.0 from EPF and automatically produces specialized blueprints where empirically found error patterns are localized. Error patterns are identified structurally as either disconnected elements or elements whose relative size is beyond one standard deviation from the mean. These error patterns have been empirically found to occur frequently in industrial software process model conceptualization and specification. They include: having no guidance associated to certain element, having roles that have too many responsibilities or that do not collaborate with others, tasks that are not specific enough in their specification, work products that are required for too many tasks, and independent subprojects. Table I summarizes these error patterns and briefly describes in which blueprint they can be identified.
IV. Analyzing the Scrum Process Model

The AVISPA tool was used for analyzing the Scrum process model defined by the EPF process community. It is exported from EPF as an XML file and imported in AVISPA. AVISPA is guided by the kind of error patterns it is able to identify and localize, so the analysis is organized accordingly.

### A. No guidance associated

Roles, tasks or work products with no associated guidance leave too much freedom for interpreting the purpose of each element within the process. Scrum provides guidance, but we have found that they are not always associated with the corresponding nodes. In the **ROLE BLUEPRINT** we found that absolutely no guidance is provided for any role. In the **WORK PRODUCT BLUEPRINT**, the Taskboard and the **PotentiallyShippableProductIncrement** have no guidance either. This situation is even worse in the **TASK BLUEPRINT** because the Sprint Retrospective, Sprint Planning Meeting, Sprint Review Meeting and the Daily Scrum do not have associated guidance. This situation is particularly serious for Scrum because of its agility: if neither methods nor guidance is provided, it is difficult to achieve the expected results.

### C. Multiple purpose tasks

A task that is too wide in the **TASK BLUEPRINT** will be colored in red in order to call the attention of the process engineer. A task with too many output work products does not have one clear goal, so it may be better to divide it into more specific subtasks. In Fig. 5, we can see that the Daily Scrum task is significantly wider than the others. This is expected because this task is defined as a black box hiding the complexity of the software development in Scrum, because each Daily Scrum is implemented according to the technicalities of another process model. But, as a software development process in itself, the specification of Scrum is not detailed enough. This is consistent with the literature and the fact that Scrum should be combined with other methods.

### B. Overloaded role and Isolated role

Generating the **ROLE BLUEPRINT**, we found that there are neither overloaded nor isolated roles, as shown in Fig. 4. Thus, we can conclude that there are no problems in the specification of Scrum with respect to error patterns referring roles.

### D. Demanded work products

A work product required for the execution of too many tasks could become a bottleneck, so a work product that is too demanded reveals a problem in process conceptualization. A node in the **WORK PRODUCT BLUEPRINT** that is too high identifies this kind of problem. This is the case of the **Product backlog** that can be clearly identified in red in Fig. 6.
E. Independent subprojects

Having independent subprojects reveals a misspecification in the process model because all tasks and work products should be useful for the project’s goals, and as such they should be connected in the Task Blueprint and the Work Product Blueprint, respectively. This error pattern may be seen in either blueprint. In Fig. 7 we show how independent subgraphs have different colors in the Work Product Blueprint in the left, and in the Task Blueprint in the right for Scrum. The work product in yellow, Potentially Shippable Product Increment, belongs to an independent graph. This implies that this work product is neither defined as an input nor as an output of any task in Scrum. A similar situation occurs in the green task Sprint Retrospective that is disconnected in the Task Blueprint.

VI. Related Work

A close work by Osterweil and Wise [10] presents an analysis of Scrum using Little-JIL. This analysis determines a weak point when the product is integrated in each development work. So, because continuous integration is not part of Scrum, it can fall in long periods of development without integration, generating a bottleneck. Their approach consists of analyzing the whole process directly and this requires knowledge and experience for being effective, whereas AVISPA focuses in analyzing process models using a strategy based on metrics, a visual metaphor, and error patterns, and thus encapsulating the necessary knowledge. Therefore, our approach needs less experienced process engineers.

The Agile Software Solution Framework (ASSF) [11] has been used to evaluate Scrum along six aspects of an agile software development methodology: agility, process, people, product, tools and abstraction. Their result shows that Scrum has a higher level of agility for its practices compared to other agile methods. The study realized with ASSF is orthogonal to ours. We focus on a widely used specification of Scrum, not on the benefit over other agile methods.

VII. Conclusions

A software process model definition can be left incomplete for different reasons, as is the case of some features of Scrum that need to be left as agile as possible. However, if a relevant principle of the process is not included, it could be applied in an inappropriate way. In this paper we have analyzed the Scrum process model with the AVISPA tool and we have found that the specification that is widely used by the community has been incompletely defined. This may explain, at least in part, the gap between the expected and the reported performance of Scrum.

We are currently applying AVISPA also for analyzing software process models that have been defined by Chilean companies. As part of this work we have been able to prove its usefulness for process engineers as a means for aiding their work mainly when the process evolves. We have also been able to validate and refine the error patterns that have been originally identified.

REFERENCES


ASSF is also employed to evaluate Knowledge and IT governance. We restrict the scope of our comparison to Method core.


